



*together we aspire,
we discover,
we excel*

Lordswood Girls' School

Lordswood Girls' School
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Headteacher: Mrs. K Cooney, BSC (Hons), MA

24th September 2021

Dear Parent/Carer

Year 9 PSHE Day

Year 9 will participate in a PSHE day on Tuesday 5th October 2021.

The students will take part in five sessions; this will include a session on grooming by the Soroptimist Charity, a First Aid session, a session on challenging extremism and a session by the British Red Cross about empathy and migration. The final session will be a performance from a band called "New Rules". New Rules are a band from London and Dublin. Releasing their first song in April 2019, New Rules sold out their first two headline UK and Ireland tours and supported Julia Michaels and Little Mix on their UK and Ireland tour dates. They are due to headline London's Shepherd's Bush Empire and Dublin's Olympia in 2021. Having all had their own issues with cyber bullying and mental health, they are committed to deliver a positive message to pupils around issues of bullying, mental health and resilience and are excited to be given the opportunity to educate and inspire.

Attendance on all PSHE days is compulsory; non attendance may lead to the student having to catch up on any missed work on an INSET day.

Should you have any further queries, please do not hesitate to contact me.

Yours sincerely

Clayre Yorke
Coordinator of PSHE, CEIAG & WRL
Coordinator of Key Stage 5 Psychology